



## CITY OF COVENTRY

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### Keeping children safe on the Internet

Dear Parents

As a school, we are writing to you to express concerns that some of our children are being exposed to inappropriate material on their Smart phones, games consoles, computers and tablets. The Government are looking to bring guidance in for parents because many of the games that children play on can negatively affect their emotional and social development, and children are on them for long periods. Doctors are concerned that there are 6 main side effects:-

- Aggression
- Sleep deprivation
- Lack of social skills
- Obesity
- Vision problems
- Aches and pains

The police have given us the following advice with regard to changing the settings on Apple Phones and Tablets to restrict content that children can be exposed to:-

**Settings** - Scroll down to **General**, Scroll down to **Restrictions**, Click **enable restrictions**  
Type in a **different password** that your child does not know.

It then allows you to switch off devices such as camera, FaceTime etc. and allows you to change ratings for films, music and Apps so that you can put age restrictions on them.

### For your information – age restrictions

Fortnite - 12

Twitter, YouTube, Instagram, Snapchat, Pinterest and Facebook are all 13

Whatsapp 16

Call of Duty and Assassin's Creed – 16- 18 (depending on game)

Grand Theft Auto – 18

These age restrictions are there for a reason, it means that it is not appropriate for children to be exposed to the content. We all want what is best for our children. Thank you for your cooperation on this matter.

Yours sincerely

Jayne Ellis (Headteacher)

